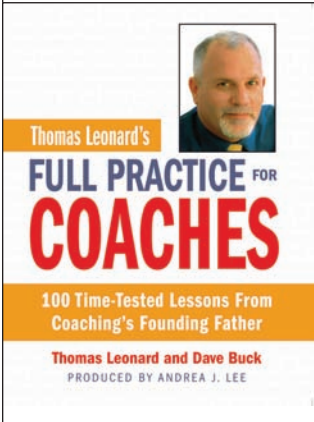


Thomas Leonard's Full Practice For Coaches: 100 Time-Tested Lessons From Coaching's Founding Father



The late Thomas Leonard was a bright light in the field of coaching. He generated a prolific amount of content for coaches and visibility for the profession. Thomas Leonard's Full Practice For Coaches is a revised and updated version of the original Full Practice 100 created with Dave Buck. If you have been in the profession for a while you may know the original; I know I have a copy. If not, you are in for a mega treat.

This is a chance to gain marketing savvy and know-how from the man who really knew how to create big. This broad stroke collection of 100 lessons covers everything

you need to know about marketing: creating your marketing message, designing a website, increasing web traffic, ezines, ecourses, social networking, building a national reputation, managing your successful practice and so much more.

If you implement even a small portion of this material you will grow your coaching business. The nicely repackaged material is composed of two books totaling over 700 pages and four audio recordings that drill down into specific essentials.

This is a must-have program for new and seasoned coaches alike.



Heart's Desire

This CD serves up a simple six-step process for manifesting. The process is based on The One Command developed by Asara Lovejoy. It works with a single and very specifically worded affirmation that begins with, "I don't know ..." which is used while in a deep relaxed state called theta. This powerful process seems to short circuit the fear and resistance that can come when dreaming big.

Michele Bergh is an artistic guide; her voice is sure, steady and calm as she guides you to the theta state. There are two versions of the guided meditation on the CD, one with music and one without. I personally preferred the one without. The simplicity of the process and the results are amazing.

This is a great tool for anyone dealing with resistance on the way to what they want.



The Prosperity Game

Jeanna Gabellini and Eva Gregory have been teaching, speaking, writing and coaching on the Laws of Attraction for years. Their absolute conviction, fiery passion and brilliant coaching are now available in a home study program. Get ready to expand your comfort with having more and challenge those limiting beliefs.

The Prosperity Game 12-week course guides you to apply the laws of attraction, deliberate creating and allowing. The program includes: 12 weekly audio lessons, a 95-page playbook and the very cool automated prosperity game account register and prosperity game checks. You also get plenty of bonuses: six additional audio recordings and six additional articles to reinforce the learning. It is the perfect blend of play, depth and power.

If you are curious about the laws of attraction and interested in having more prosperity, better health and richer relationships, this course is for you. Be prepared: Jeanna and Eva's enthusiasm and conviction are contagious. In my opinion just hangin' with these two women is going to "raise your vibration."

The Intention Box



As lifestyle tools go, this one is platinum. The exquisite design and quality construction coupled with a compelling process definitely tells the universe you are ready for anything your heart intends.

The kit includes a journal and a beautiful box covered in an elegant fabric with a faux suede interior. Inside you will find a booklet, intention cards, meditative glass gems and my favorite – a secret compartment. The process is simple: use the cards as prompts to help you choose an intention, write it down, choose a glass gem to hold as you visualize your intention coming true, place your gem and intention in the designated place

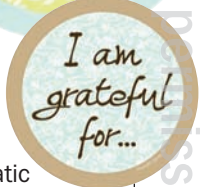
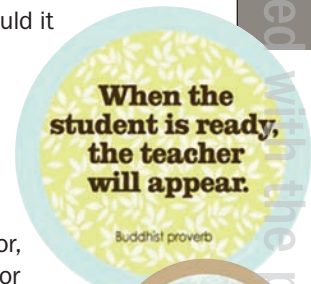


in the box, close the box and see what happens.

This is an elegant gift for anyone, including yourself. Setting intention with such a beautiful tool takes the process to a higher level. It definitely says I'm worth it. It would be a perfect addition to a retreat or a platinum program.

Thought Spots™

What impact would it have for you if every morning you got up to the message, "What promise will I keep to myself today?" or, "I can do this!" or how about, "Have faith in your instincts." Thought Spots™ offers lots of cool and colorful messages like this on static cling vinyl. Just peel off the thought of your choice and stick it on a mirror, window or other shiny surface. They are repositionable, re-usable and just plain easy.



Thought Spots™ come in a variety of sizes and packages. You can get a single Thought Spot™ – for example, "I am grateful" or, "Be Present" – or you can get a 12 pack around a theme like motivation or relationships. There are also packs geared toward children.

If you are looking for simple structures to support client goals and intentions, this is perfect. I love their slogan: "on your mirror ... on your mind."

Marcy Nelson-Garrison is a creativity coach, visual artist, product entrepreneur and the creator of www.coachingtoys.com, an online store with over 80 creative products to spark the imagination and fuel the spirit. She helps service-based professionals with creative leaping in the process of creating products that make a difference. Links to products reviewed in this column are available online at www.coachingtoys.com